**Joseph Campbell’s The Hero’s Journey Chart**

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| **Step 1 – Call to Adventure** |
| Call to Adventure: How does the character receive the call to adventure?  |  |
| Refusal of the Call: Does the character accept the call immediately?  |  |
| Answering the Call: What motivates the character to accept the call?  |  |
| **Step 2 – Supernatural Aid** |
| Supernatural Aid/Guide/Mentor: Is there a specific character who helps the hero understand the life situation or provides the hero with special training?  |  |
| Talisman: Is there a particular item that has special significance to the hero?  |  |
| Companions: Who is with the hero on his journey? How do these companions help the hero face the challenge?  |  |
| **Step 3 – Crossing the Threshold**  |
| Crossing the Threshold: At what point in the story does the hero leave the familiar world and move into a new, unfamiliar circumstance?  |  |
| **Step 4 – Challenges and Temptations (not necessarily in this order)** |
| Initiation/Road of Trials: What specific challenges does the hero face?  |  |
| Brother Battle: Does the hero meet with a character with special beauty and power? |  |
| Meeting with the Goddess: Does the hero meet with a character with special beauty and power? |  |
| Abduction: Is the character kidnapped, or is someone close to the hero kidnapped? |  |
| Night or Sea Journey: Where do the hero’s travels take him?  |  |
| **Step 5 – Revelation and Transformation** |  |
| Dragon Battle/Abyss: Does the “dragon” (the hero’s greatest foe) appear? Does it represent the hero’s greatest fear?  |  |
| Death and Rebirth: (Also known as “apotheosis”) Does the hero experience a physical or metaphorical death? How does this experience elevate the hero to become divinely compassionate, knowledgeable, and/or blissful? |  |
| Transformation: Does the hero physically change appearance? What does the hero transform into?  |  |
| **Step 6 – Atonement** |  |
| Atonement: Does the hero right any wrongs they may have committed?  |  |
| **Step 7 – Return** |  |
| Return: Does the hero cross back into the “known”? What has changed about the hero? Why does the hero want to return to the known?  |  |
| Gift of the Goddess: Does the hero now have a special gift, talent, or power as a gift from the goddess? How does the hero use this in the known world? |  |